

OUR PEOPLE FOOD COOP NEWS

SEPTEMBER/OCTOBER 1989 134 W. Aurora St. Ironwood, MI 49938
(906)932-3547

OCTOBER IS CO-OP MONTH

Downtown, uptown, across town - from county to county, state to state and all across the nation - cooperatives play an important role in helping their communities thrive.

In urban areas, the suburbs, small towns and rural communities there are 45,000 cooperative organizations that serve 90 million people. These co-ops, owned and operated by their members, provide a wide range of goods and services that benefit their friends, neighbors and communities.

There are co-ops for electric and telephone service, credit unions, farm marketing and farm supply, insurance, health and day care, farm credit, housing, florists and news services. In fact, there could be a co-op for anything and anywhere people need to get things done both economically and efficiently.

Look around your neighborhood and community - no doubt you'll find a co-op or two working hard to provide important services that benefit everyone. Building communities the cooperative way benefits the entire nation!

We at Our People Food Co-op are proud of our co-operative tradition and are pleased to join with co-operatives across the nation in celebrating Co-op month - October 1989.

ON SALE SEPTEMBER 1 - 15

	regular price	sale price
Pacific Rice Cakes	1.45	1.30
Italian Spice & Apple Cinnamon Edensoy Soymilk		
1 liter	2.09	1.85
Puffed Kashi Cereal		
7.5 oz	1.99	1.69
Apple Cinnamon Granola Bars 8 oz	2.85	2.39
Panda Licorice or Raspberry Bars	.40	.35
Panda Licorice or Raspberry Chews	1.99	1.69
North Farm Jams		
10 oz	2.25	1.99

DEDICATION

This issue is dedicated to Leigh Taylor and John Runner, long time co-ops, who are moving out of the area in September. Leigh and John have been very active members this past year; Leigh being our BOD President and John being our handyman and cook and all around helping hand. Thank you both for all your volunteer hours and we wish you the best of luck in your new life. We will miss you.



LETTER FROM THE PRESIDENT OF THE BOARD

Hello Everyone,

You may have come into the store, and been waited on by our new clerk, Jean Jensen. We are very glad to have her. With the extra help she provides, we should be able to serve you better.

The co-op will soon be selling books. Remember, if you're looking for a book about cooking, health, or nutrition that's not in stock we may be able to special order it for you. Just ask.

The next major purchase the Co-op plans to make is a freezer. We're looking for an upright freezer. Let us know what you'd like us to carry.

My husband and I will be moving in September. We've been involved with the Co-op for six years now, and we will miss it. We've made many good friends and have had many good eats with Co-op products.

The Co-op will be left in good hands, and I'm sure it will continue for a long time.

Sincerely,
Leigh Taylor

"NOTICE"

On August 14, 1989 a few interested persons met to discuss allergies: the effects on them, their families, and others who may not be aware of the fact that they might have allergies.

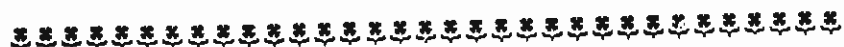
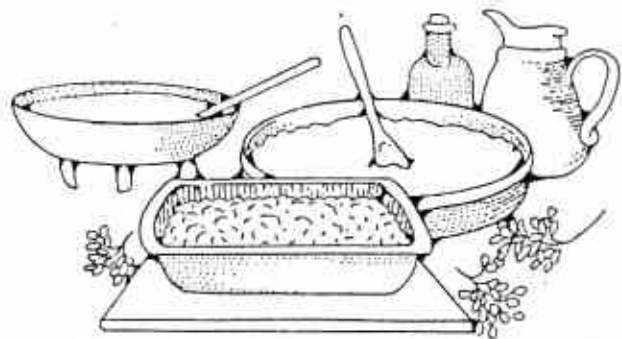
The Allergy Support Group was started to help persons who are allergic, or have friends or members of their family who have any type of allergy, or for any one interested in learning about allergies.

We hope to make people aware of many types of allergies, what causes them and what can be done about allergies.

Anyone who is interested in coming to the group meetings or would like more information contact Laura at the store.

NEW PRODUCTS

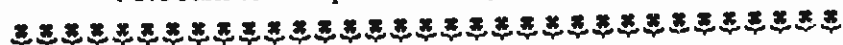
Spice Mill
Pepper Mill
Maple Syrup
Soft Tofu
Coarse cornmeal(after a year of searching)
Lupini pasta: fiber rich, no cholesterol
Whole Wheat Mini Pretzels
Wheat germ oil
Jamaican Lemonade
Clear Thinking Herbal Tea
Twin Labs Ultra Fuel
Bellmira
Herbal Health Bath: Peppermint,
Eucalyptus
Bubble Bath: Peach
Mill Creek Aloe Vera Shampoo and
Conditioner
Country Comfort Herbal Savvy:
Comfrey - Aloe Vera
Golden Seal - Myrrh
Mill Creek Foaming Liquid Mousse
Non-aerosol
Pita Bread
Whole Wheat Tortillas



STORE HOURS STORE HOURS STORE HOURS

10:00am to 5:00pm Monday through Friday

10:00am to 4:00pm Saturday



SUPPORT OUR PEOPLE FOOD COOP!!!